Go to this webpage and download the selenium library as well as the webdriver

<https://www.selenium.dev/documentation/webdriver/getting_started/>

Then go to line 15-16 and update the email and password with your email and password

user.send\_keys("asad.ishaq118@gmail.com")

passw.send\_keys("Javedishaq21997");

Finally change line 20 to run one page at a time, and set your 8 hour timer.